

**Health Officer Directive No. 2021-01 (Exhibit B)**  
**Health and Safety Plan** (issued 3/2/21)

Each Host must complete, post onsite, and follow this Health and Safety Plan.

Check off all items below that apply and list other required information.

*Business/Entity name:* San Francisco track and Field Club

*Contact name:* Christopher Goodwin

*Entity Address:* 415 Hill Street SF CA 94114

*Contact telephone:* 707-319-1109

(You may contact the person listed above with any questions or comments about this plan.)

- Business is familiar with and complies with all requirements set forth in Health Officer Directive No. 2021-01, available at <http://www.sfdph.org/directives>.
- All sports activity occurs outside only.
- Personnel and Participants are screened for COVID-19 symptoms and exposure.
- No coordinating, arranging, or engaging in travel outside of San Francisco to participate in athletic activity that is not allowed in San Francisco.
- Face coverings are worn by everyone at all times.
- Groups are limited to no more than 25 Participants (or limited exception for sports that need more participants to compete applies and Health Officer has approved plan).
- Participants participate in only one Sports Program in any three-week period.
- Mixing with other Households before or after any practice or competition strictly adheres to current health orders and directives regarding gatherings.
- When equipment is shared during an activity, Participants perform hand hygiene (wash hands with soap and water or use an alcohol-based hand sanitizer) before play, during breaks, at half time, and after the conclusion of the activity.
- Locker rooms are closed, except for use as a restroom (or for youth sports involving specialized equipment). Showers are not used.
- Spectators: No spectators for adult sports; limited to Household members and only as needed for age-appropriate supervision.
- If competitions are involved: no out-of-state games or tournaments; compete only with other teams in San Francisco or the three adjacent counties (Marin, Alameda, and San Mateo); only one event per day (no double headers).
- For youth sports, parent/guardian has signed informed consent document.

### **Additional Measures**

Explain: We have no locker rooms or rest rooms. We do not have spectators. We do not have youths on the team.